

Bundle (ABCDE) Checklist for Prevention of CAUTIs

- ◆ **A**dherence to general infection control principles
 - ◆ Hand hygiene - most important factor in preventing nosocomial infections
 - ◆ Aseptic catheter insertion
 - ◆ Proper Foley catheter maintenance, education, and care by nursing staff
 - ◆ Foley catheter use surveillance and feedback
- ◆ **B**ladder ultrasound use protocol in place to avoid unnecessary catheterizations
- ◆ **C**atheter alternatives
 - ◆ Intermittent (“in and out”) catheterization for incomplete bladder emptying
 - ◆ External condom catheter for men with urinary incontinence
 - ◆ Absorbent pads and products for men and women with urinary incontinence
- ◆ **D**o not use the Foley catheter unless medically appropriate; know appropriate indications
- ◆ **E**arly removal of the catheter using a reminder or nurse-initiated (i.e., automatic “stop orders”); removal protocol appears warranted

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